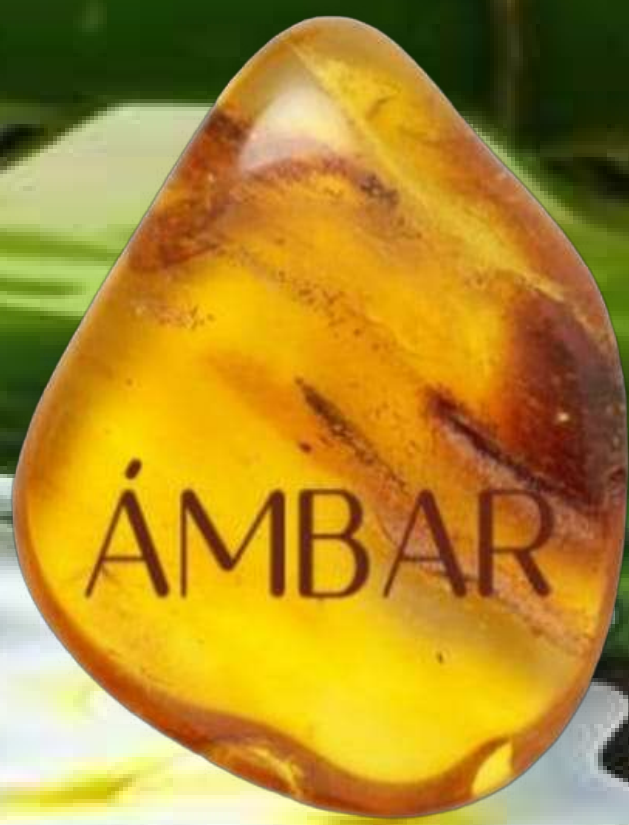


# Ambar Body Therapy

## Our menu



# Massage Therapy

Massage are combined with stretches and craniosacral therapy.

## Relaxing Massage

It is normally applied with soft movements, aiming to improve the person's wellness.

60 Minutes .... \$75

90 Minutes .... \$100

## Deep Tissue Massage

This Technique is used to deeply release all the tension that accumulates in the muscles.

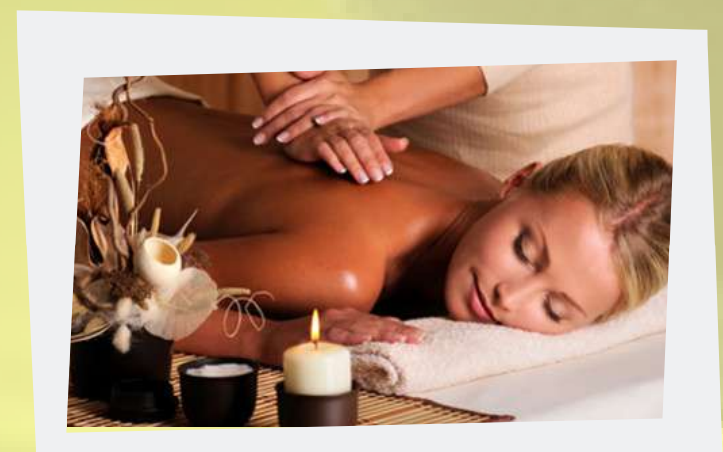
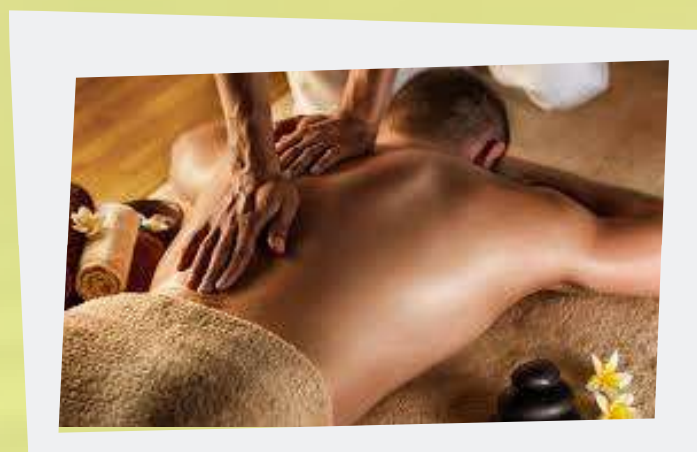
60 Minutes .... \$85 | Couple .... \$150

90 Minutes .... \$110 | Couple .... \$200

## Hot Stone Massage

Helps relieve tension, eases muscle stiffness, and increases circulation.

60 Minutes .... \$100 | 90 Minutes .... \$140



## Four Hands Dream Massage

Indulge yourself in this ultra pleasurable massage. In this heavenly healing approach, two therapists massage your full body side by side in a rocking and rhythmic harmony.

50 Minutes .... \$130



## Child Massage

Therapy to work out the soft tissue. It will help to improve the coordination of a child, prevent many immunity diseases and make a positive impact on overall health.

30 Minutes .... \$50

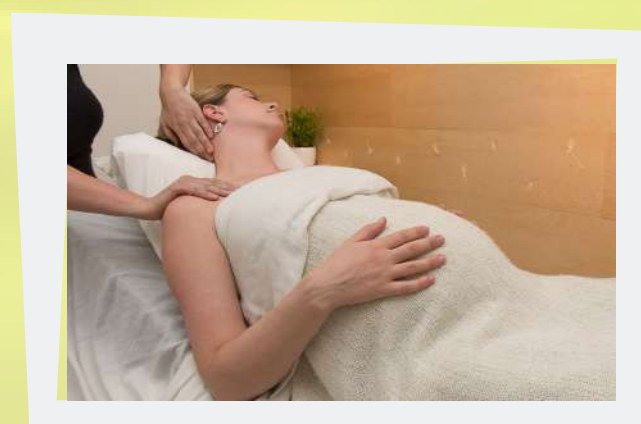


## Prenatal Massage

Therapeutic bodywork that focuses on the special needs of the mother-to-be. It enhances the function of muscles and joints, improves circulation and general body tone. The gentle, noninvasive approach of prenatal massage can ease discomfort associated with pregnancy, help the mother-to-be prepare for labor and give her nurturing emotional support.

60 Minutes .... \$100

90 Minutes .... \$130



## Hands & Feet

A constant manicure and pedicure help us to get rid of dead cells, improve circulation and have a hydrated and smooth skin.

### Pedicure

Ladies ..... \$50  
Pedi-Gel... \$60  
Men's ..... \$40

### Manicure

Ladies ..... \$45  
Mani-Gel ... \$60  
Men's ..... \$35

### Mani & Pedi Combo

Ladies .... \$90 - With Gel: \$100  
Men's .... \$65

## Reflexology

Based on stimulating specific pressure points on the hands and feet that correspond to other areas and organs of the body. Used to restore and maintain the body's natural equilibrium by improving circulation, detoxification, and reducing tension.

30 Minutes ..... \$45  
45 Minutes ..... \$60

## Holistic: Tired legs

Provides greater oxygenation to the tissues. Accelerates muscle recovery, reduces inflammation and reduces muscle spasms. Includes: Mint exfoliation, anti-inflammatory massage, neck and shoulder massage and compression boots.

60 Minutes: \$90

## Ionic Detox

It energetically rebalances the body, accelerates the metabolism, purifies the blood, drains the lymphatic system, strengthens the respiratory system and combats allergies.

Foot scrup included at the end of th treatment.

40 Minutes: \$70



## Facials

The skin in the face is most exposed to sun damage and environmental pollution. Facials Regenerates, revitalizes and hydrates the skin, eliminating impurities and dead cells. Provides luminosity and shine. Improves and unifies the different skin pigmentations.

### Mini Facial

Facial that brings together the basic steps of facial cleansing, exfoliation and toning, in addition to the application of a mask natural handcrafted

30 Minutes .... \$50

### Deluxe Facial

It is an anti-aging facial treatment designed to increase hydration, improve elasticity and help smooth out age and stress related lines.

60 Minutes .... \$80

### Revitalize Facial

Restores damaged skin with a deep pore cleansing, oxygenating the skin and reducing impurities and dead cells. It includes ozone and extractions and a thermal blanket, to reduce inflammation of the body while receiving the treatment.

70 Minutes .... \$100



## Body Wraps

This technique is very effective to renovate the epidermis and maintain it glowing and healthy. Hydration massage included at the end of the treatment.

60 Minutes .... \$85

### Options:

#### Volcanic Mud

Absorbs toxins from the skin, decongest and deflate the skin. Normalizes circulation and detoxifies the skin.

#### Sunburn Relief (Aloe)

Clean the skin, deflate, relieves skin from sunburn, hydrates, relaxes and softens.

#### Algae

It helps to retain fluid, also It has a great power of hydration and regulates the metabolism.



## Exfoliations

Remove the dead cells that accumulate in the surface of the skin, impeding proper "breathing". Hydration massage included at the end of the treatment.

60 Minutes .... \$85

### Options:

#### Chocolate

hydrates in depth, activates circulation, provides antioxidants.

#### Honey

Exfoliating and regenerativeto the skin, It is also an antioxidant.

#### Papaya

improves skin health, nourishes and moisturizes and is excellent for dry skin.

# Special Packages

## Relaxing Soul

Relaxing Massage (60 Minutes)  
Facial Deluxe  
Manicure & Pedicure  
3 Hours .... \$240



## Spirit Relieve

Deep Tissue Massage (60 minutes)  
Papaya Body Wrap  
Mini Facial  
Pedicure  
2.5 Hours .... \$260



## Sweet Wellness

Relaxing Massage (90 minutes)  
Mini Facial  
Chocolat Body Wrap  
2.5 Hours .... \$225



## Detox System

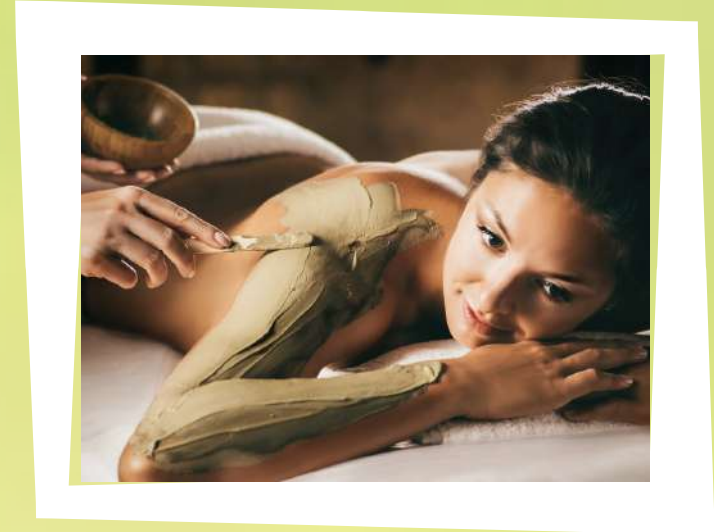
Deep Tissue Massage (60 minutes)  
Honey Exfoliation  
Facial with ozone  
Aromatherapy  
2.5 Hours .... \$250



# Special Packages

## Volcano Package

Hot Stone Massage (90 Minutes)  
Volcanic mud body wrap  
Mini Facial  
2.5 Hours .... \$245



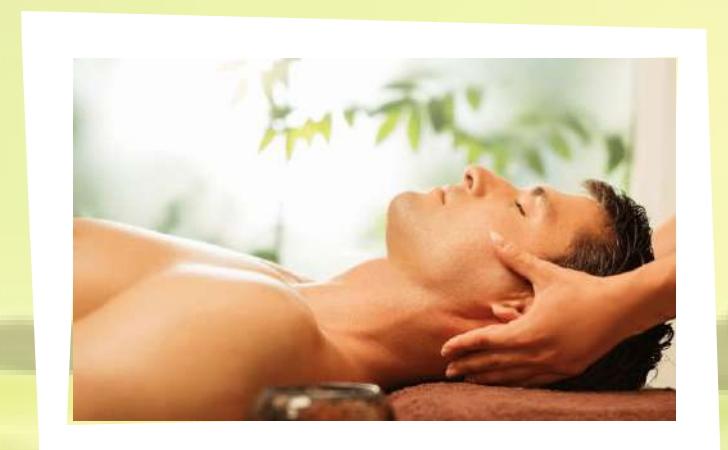
## Holistic Package

Relaxing Massage (60 minutes)  
Holistic for tired legs  
Reflexology  
Mini Facial  
2.5 Hours .... \$240



## Gentleman's Package

Deep Tissue Massage (70 minutes)  
Reflexology  
Aromatherapy  
Men Pedicure  
2 Hours .... \$150



## Spa Day Package

Renew with 4 hours of your choice of our best treatments, when you can combine harmony, relaxation and detoxification in an unique and exclusive time of wellness for your soul mind and body.  
Choose 4 hours of treatments in total.  
4 Hours .... \$300





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